

Kickboxing 2006



Do you want to get in shape for this summer? Come and join the East Windsor Parks and Recreation newest program.

Cardio Kickboxing 2006

This exciting program designed for beginners to intermediates and is a fun way to get in shape or to stay in shape.

Classes will be held on ***Tues.*** and ***Thurs.*** at the East Windsor Town Hall Annex from **5:30** to **6:15** P.M.

Class dates are as follows: April 11, 13, 18, 20, 25, 27
May 2, 9, 11, 16

Fee for 10 classes is **\$30.00** per person

**EXERCISE MAT, TOWEL, AND WATER BOTTLE ARE
REQUIRED**

For more information or to register call 627-6662 or visit our website at www.eastwindsor-ct.gov to download a registration form.